

T. Garage TOUR



Lane County Board of County Commissioners

GARAGE TOUR

Tuesday, March 31st begin 5:30 pm

The itinerary for our tour will allow us approx 15 minutes at each stop.

travel 5:30 – 5:45 pm

Rosetta Thuresson

5:45 – 6:00 pm

Mama Rose's Naturals

383 West 3rd Ave.

Eugene OR

485-9430

and 28241 Meadowview Rd., Junction City

<http://www.mamarosesnaturals.com/>



The company **Mama Rose's Naturals** originated in 2003 by Rosetta Thuresson when discovering the incredible use of herbs and natural care for her daughter. The following year, Mama Rose's Naturals products could be found in over 100 retail locations across the United States and beyond. In 2006, Mama Rose's Naturals was awarded Business of the Year, and also won an iParenting Media Award for offering an exceptional product. After 3 years of offering herbal care products, Rosetta wanted to expand her love of nature, birth, and family. In 2006 the doors of Mama Rose's Naturals herbal shop and Mother Baby Resource Center opened in Eugene, Oregon; the first herbal maternity shop of its kind. Today, customers are greeted by Rosetta or one of the other friendly faces in the mother-run shop. At times, you may find a pregnant Mama asking an herbal question or peacefully reading a book while sipping a smoothie - other moments may encounter a swarm of Mama's trying on baby carriers with their toddlers stacking toys across the floor. All are welcome!

travel 6:00 – 6:10 pm

Mira Fannin
Sweet Skins
782 Blair Blvd.
Eugene OR
543-7195
and online sales at
<http://www.sweetskins.com/>

6:10 – 6:25 pm



Sweet Skins is a minority women owned eco-clothing Company. Designer and mother of three, Mira Fannin started the company 5 years ago selling at the Saturday Market in Eugene Oregon. There was such a demand for the classic simplicity and wearability of the designs that the obvious choice was to keep going. Sweet Skins has grown into a business that is both ecologically sound and ethically run, using the latest and greatest in ecologically sound fibers and conscious clothing manufacturing; fabrics like eco-fleece, hemp, organic cottons and wool for their low impact processing and superior texture and quality. Dyes are low impact and everything from fabric scraps to paper products are recycled or reused. Clothing is designed and constructed in a converted garage studio sew shop by a handful of diverse women living in non-industrial Eugene Oregon. As business continues to grow, Sweet Skins is committed to maintaining strong roots to the community, the health of the planet and to pave the road for a new more conscious business model.

travel 6:25 – 6:40 pm

Haven Sundstrom
The Blazing Chef
102 Thomason Lane
(in Green Eye's parcel)
Eugene OR
686-8885

6:40 – 6:55 pm

and Saturday Market food cart



Haven Sundstrom has taken a different route into the restaurant business, opening a permanent version of her **Blazing Chef** food cart that has become a Saturday Market fixture. “I started thinking about a permanent site about two years before I opened it,” Sundstrom says. “But I said I’d do it only if an opportunity that was perfect presented itself to me.” It did.

She already had been donating her used fryer oil to Green Eye Automotive, which specializes in biodiesel conversions in its shop and car lot at 285 River Road, just north of the Chambers Street connector. Then the Green Eye owners invited her to locate a food cart at the front of their property. “They had been talking about putting food in their lot, and so it became kind of a perfect symbiotic situation,” Sundstrom says.

“People come up to me and talk about starting a business right now (in a down economy),” she says. “My comeback is that people in Eugene, when times get tough, they really want to support local people.” Sundstrom says her customers have done that, and she does the same by “local sourcing” her products as much as possible. For example, she buys her fish from the Eugene Fisherman’s Market and her coffee from Wandering Goat Coffee Company in the nearby Whiteaker neighborhood.

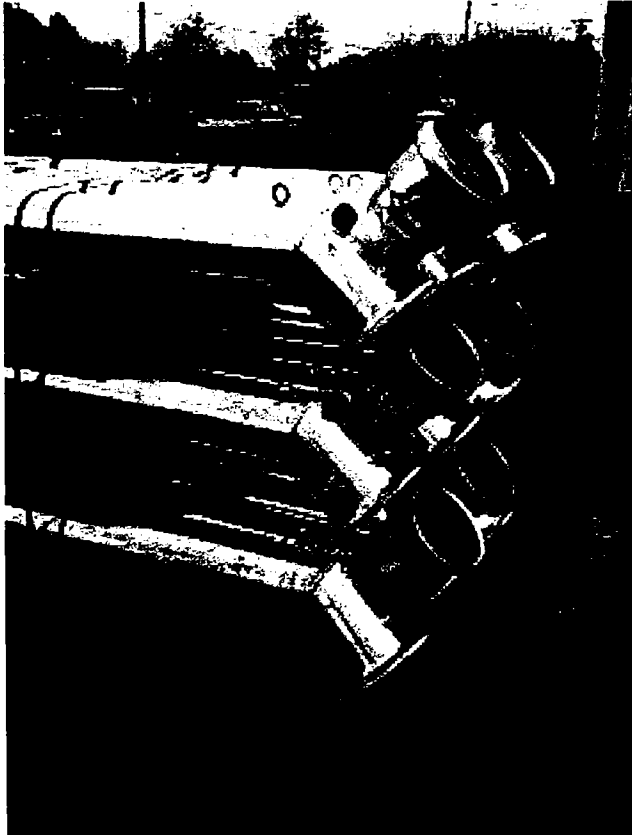
Sundstrom began working at the Saturday Market in a friend’s food booth — Helen’s Roll-ups — about 12 years ago, and gradually became a partner in that business. She acquired a deep fryer about seven years ago and added fish and chips to the menu, then her partner eventually phased out of the operation. “Over time, the fish kind of took over,” Sundstrom says. “I couldn’t do the roll-ups anymore because everyone wanted fish and chips.”

The booth’s name was changed to the Blazing Chef, and Sundstrom doubled her cart’s business from 2004 to 2008. She also entered a yearlong business financing program through the nonprofit Lane MicroBusiness in 2005. Sundstrom received just over \$5,000 in funding through the program, which went toward a total investment of about \$30,000 to get the Blazing Chef’s permanent location started.

travel 6:55 – 7:15 pm

Kate and Mike Harvey
MWH Fabrication
75 S. Danebo Ave.
Eugene OR
844-2155

7:15 – 7:30 pm



"We do custom steel welding design, manufacture and installation - pretty much anything someone wants done, we do. Our goal is to have quality, personalized service, so people don't have to go somewhere else and buy something that kind of works."

Past jobs have ranged from custom fences, gates and trailers to on-site heavy equipment repairs to customized wheelchairs.

"Mike's nephew has cerebral palsy, so we did a diamond-plated aluminum back and footpad to trick his wheelchair out and make it cooler," Kate said. The company also built an entire chair to suit a customer who couldn't find a commercially-available chair that allowed him to do his job as a utility worker. "The customer wanted it lightweight and simple," Mike said. "He brought me the power base and we worked together and did a prototype. He tried it out, we made some adjustments and then I built the whole frame."

travel 7:30 – 7:50 pm

Rob Singer

7:50 – 8:05 pm

Acupuncture for the People

2833 Willamette St. #B

Eugene OR

521-6285

<http://www.acupunctureforthepeople.com>



Acupuncture is one of the oldest, most widely practiced systems of medicine on the planet. It is a simple, safe and wholistic approach to healing and wellness. It addresses all aspects of health - physical, mental, emotional and spiritual. It is an effective treatment for almost every health condition you can think of.

Acupuncture for the People is just that - a community centered healing practice whose goal is to make Chinese Medicine more accessible. Our practice is modeled after modern clinics in China where patients are treated in a group setting. People relax in recliners or on a massage table separated by screens. Several clients are seen per hour so each person can pay less, making the medicine available to everybody regardless of income.

Holistic Office Share: A Community of Healers - Our new office has room(s) to spare, so we're offering the use of our two private treatment rooms to bodyworkers of all types - massage therapists, CranioSacral Therapists, Reiki & Energy workers, Reflexology, Private Yoga, Ayurveda, etc. The rooms are rented by the hour at affordable rates and scheduled online.

Maia Healing Arts - Craniosacral Therapy for infants, children and adults. Birth doula care, consultations & workshops with Kara Maia Spencer LMT, CD

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